

Newport Harbor Summer Wrestling

Monday 6:00 p.m. to 8:00 p.m. All-Levels	Tuesday 6:00 p.m. Depart 8:30 p.m. Approx. Return	Wednesday 6:00 p.m. to 8:00 p.m. Varsity Only	Thursday 6:00 p.m. Depart 8:30 p.m. Approx. Return
Dates 6-23 6-30 7-7 7-14	Dates 6-24 7-1 7-8 7-15	Dates 6-25 7-2 7-9 7-16	Dates 6-26 7-3 (no meeting) 7-10 7-17
Friday July 18th: Summer League Tournament for Varsity Wrestlers Details provided later			
Saturday July 19th: Summer League Tournament for New Wrestlers Details provided later			

- Monday we will workout in the NHHS wrestling room located upstairs in the gym with all-levels.
- Tuesday and Thursday we will depart from NHHS at 6:00p.m. sharp and travel to a local high school to wrestle with other schools.
- Wednesday we will workout in the NHHS wrestling room with varsity only.
- **Cost: \$90** Make checks payable to Newport Harbor Wrestling. The cost will include the camp as well as entry into one of the summer league tournaments on July 18th or 19th.
- **Other Necessities:**
 - All athletes must have a completed activities certificate (physical form). Note: Physicals will be given by Dr. Tischler (Mailer will follow).
 - I may need parent volunteers for transportation to the local high schools. (Tuesday and Thursday only)
 - Wrestling shoes and head gear which may be purchased at any sporting good store.
 - Newport Harbor Wrestling gear. Order form is attached

Keep this on your Fridge

Please send this completed for with check payable to Newport Harbor Wrestling to the address below:

Athletic Office
 Attn: Dominic Bulone
 600 Irvine Avenue
 Newport Beach, Ca
 92663
 949-515-6308
 dbulone@nmusd.us

Wrestlers Name: _____

Parents Name: _____

Grade: _____ Phone Number: _____

Address: _____

Email Address: _____

(please write legibly)

Wrestling Uniforms

<u>Quantity</u>	<u>Item</u>	<u>Size</u>	<u>Price</u>
_____	*Workout Shorts	S M L XL 2XL	\$20.00
_____	*T-Shirt	S M L XL 2XL	\$12.00
_____	Dri Weave T-Shirt	S M L XL 2XL**	\$18.00
_____	*Hooded Sweatshirt	S M L XL 2 XL**	\$30.00
_____	Zippered Sweatshirt	S M L XL 2XL**	\$34.00
_____	*Team Shirt	S M L XL 2 XL**	\$25.00
_____	*Nylon Pant	S M L XL 2 XL**	\$20.00
_____	Hat		\$15.00
_____	Beanie		\$10.00
_____	Beanie with Bill		\$12.00
_____	Workout Bag		\$45.00
		TOTAL	_____